**Journal Entries Checklist**

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| **Entry # 1**\_\_\_\_ I included a date.\_\_\_\_ I included where I am leaving from.\_\_\_\_ I included the reason I am leaving.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details.\_\_\_\_ I wrote in 1st person  | **Entry # 2**\_\_\_\_ I included a date.\_\_\_\_ I included a major event.\_\_\_\_ I included where the event took place.\_\_\_\_ I included who was involved in the event.\_\_\_\_ I described what happened.\_\_\_\_ I explained why it happened.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details. |
| **Entry # 3**\_\_\_\_ I included a date.\_\_\_\_ I included a major event.\_\_\_\_ I included where the event took place.\_\_\_\_ I included who was involved in the event.\_\_\_\_ I described what happened.\_\_\_\_ I explained why it happened.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details. | **Entry # 4**\_\_\_\_ I included a date.\_\_\_\_ I included a major event.\_\_\_\_ I included where the event took place.\_\_\_\_ I included who was involved in the event.\_\_\_\_ I described what happened.\_\_\_\_ I explained why it happened.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details. |
| **Entry # 5 (Optional)**\_\_\_\_ I included a date.\_\_\_\_ I included a major event.\_\_\_\_ I included where the event took place.\_\_\_\_ I included who was involved in the event.\_\_\_\_ I described what happened.\_\_\_\_ I explained why it happened.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details. | **Entry #6** \_\_\_\_ I included a date.\_\_\_\_ I included a major event.\_\_\_\_ I included my major accomplishment.\_\_\_\_ I included my reflections about my journey.\_\_\_\_ I included my major accomplishment.\_\_\_\_ I included at least 2 feelings.\_\_\_\_ I included at least 2 sensory details. |