**Journal Entries Checklist**

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| **Entry # 1**  \_\_\_\_ I included a date.  \_\_\_\_ I included where I am leaving from.  \_\_\_\_ I included the reason I am leaving.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details.  \_\_\_\_ I wrote in 1st person | **Entry # 2**  \_\_\_\_ I included a date.  \_\_\_\_ I included a major event.  \_\_\_\_ I included where the event took place.  \_\_\_\_ I included who was involved in the event.  \_\_\_\_ I described what happened.  \_\_\_\_ I explained why it happened.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details. |
| **Entry # 3**  \_\_\_\_ I included a date.  \_\_\_\_ I included a major event.  \_\_\_\_ I included where the event took place.  \_\_\_\_ I included who was involved in the event.  \_\_\_\_ I described what happened.  \_\_\_\_ I explained why it happened.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details. | **Entry # 4**  \_\_\_\_ I included a date.  \_\_\_\_ I included a major event.  \_\_\_\_ I included where the event took place.  \_\_\_\_ I included who was involved in the event.  \_\_\_\_ I described what happened.  \_\_\_\_ I explained why it happened.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details. |
| **Entry # 5 (Optional)**  \_\_\_\_ I included a date.  \_\_\_\_ I included a major event.  \_\_\_\_ I included where the event took place.  \_\_\_\_ I included who was involved in the event.  \_\_\_\_ I described what happened.  \_\_\_\_ I explained why it happened.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details. | **Entry #6**  \_\_\_\_ I included a date.  \_\_\_\_ I included a major event.  \_\_\_\_ I included my major accomplishment.  \_\_\_\_ I included my reflections about my journey.  \_\_\_\_ I included my major accomplishment.  \_\_\_\_ I included at least 2 feelings.  \_\_\_\_ I included at least 2 sensory details. |